

WOMEN'S RETREAT WEST

Retreat Communication

A : 822 West 3rd Street, Valentine, NE
C: Candy Ohlmann 920.979.2016 (?s, Registration)
Alana Cardinal 402.322.9064 (?s, Venmo, Zelle)
E: womensretreatwest@gmail.com
W: womensretreat.clclutheran.net

Registration Form

Two Step Registration Process:

1. Mail Registration Form OR use QR code below!
2. Submit \$100 payment to Candy by check OR Zelle or Venmo Alana.

Retreat will be capped at 80 attendees.

Please complete registration by August 22, 2023.

No refunds will be issued after this date.

Checks (payable to Women's Retreat West) will be cashed on or after this date.

Registration & Venmo!



Alana Cardinal
@AlanaCardinal



venmo

REGISTRATION FORM

Registration will be limited to the first 80 attendees.

Full Name :

Address :

Email :

Cell Phone :

CLC Member?

Yes / No:

Congregation OR
Connection:

Food Allergies:

Offering
Preference:

Pick one...

1. Mission Development Fund
2. Kinship
3. ILC Building Fund

Retreat Theme: Just Breathe! (with a focus on self-care)

Our retreat will be focusing from start to finish on breath. God breathed into Adam to create human life. Christ breathed His last breath on the cross to finish salvation for each of us. We spend our days on this earth (legacy) until taking our final breath. Genesis 2:7, "And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being." (KNJV) Mark 15:37, "And Jesus uttered a loud cry and breathed His last." (ESV)

Speakers

Rhonda White
Kendra Joswiak
Nicki Best
Johannah Mayhew
Vanessa Wales
Devotions: Jan Voit

Schedule & Important Notes

- Suggested Arrival Time: 4 pm, CST on Friday, 9.22.23
- Suggested Departure Time: Noon, CST on Sunday, 9.24.23
- Retreat Fee: \$100
- Lodging: **Please make your own lodging accommodations** at one of the local hotels or Airbnbs. Please see the back of the flyer for a listing of options.
- Bonus Day: If you would like to spend all of Sunday in Valentine, we can help you coordinate a river trip (weather permitting) or other enjoyable activities! Please let us know if you are interested!

Friday - Sunday
September 22 - 24, 2023
Grace Lutheran Church
822 West 3rd Street Valentine, NE

THANK YOU **FOR REGISTERING**

Just Breathe!

LODGING OPTIONS:

Friends, Family, Hotels, Airbnbs

Lodging Options

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Notate Using QR Code!



HOTELS

- Harmony Inn - Trip Adviser = 4.5
- Trade Winds Motel - Trip Adviser = 4.5
- Comfort Inn - Trip Adviser = 4
- The Niobrara Lodge - Trip Adviser = 4
- The Raine Motel - Trip Adviser = 4.5
- Super Eight - Trip Adviser = 3.5

AIRBNBS

- Kate's Place - 3 beds, 3 bedrooms - 1 block from church
- Valentine Vacation Rental w/Mod Int - 6 beds, 3 bedrooms - 1 block from church
- Hidden Family Gem - 3 beds, 3 bedrooms
- Sand Hills Vacation - 3 beds, 3 bedrooms
- Peaceful, Family Getaway!! - 5 beds, 3 bedrooms

FRIENDS & FAMILY

- Stay with friends or family living in Valentine...check with them soon to make a reservation!

PAPER REGISTRATION

- Make your check out to Women's Retreat West
- Mail this registration form and your check (you might want to take a picture of it first!) to the following address:
- Candy Ohlmann at 822 West 3rd Street, Valentine, NE 69201
- Your check will be cashed on August 22, 2023 (or shortly afterwards).

ADDITIONAL CORRESPONDANCE

- Watch for emails towards the end of the summer that share a packing list and info about breakout session options!

SHARE:

Once you have made your arrangements, use this QR code to add your info to the spreadsheet (if you would like). This will let others know where you are staying. If you want another person or two to join you, make a notation. This will allow us to connect with each other and will help attendees coordinate their lodging!

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THANK YOU FOR SUPPORTING VALENTINE

Just Breathe!